

ALESSANDRA GIULIANI

Psychologist & Researcher

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Bath, England & Rome/Pescara, Italy



EDUCATION



PhD Researcher in Psychology

University of Bath

- 10/2022 - Present Bath, United Kingdom
- PTSD Risk factors in children and adolescents in LMICs.
 - Supervisors: Professors Sarah Halligan and Richard Meiser-Stedman
 - Doctoral Recognition Award** for the Commitment to Quality Research Practice and Positive Contribution



MSc in Clinical Psychology | 110/110 cum laude

Università eCampus

01/2023 - 09/2024 Rome, Italy / Online



BSc Psychology with Business and Management | First Class - 80%

University of Sussex

- 09/2019 - 05/2022 Brighton, United Kingdom
- Tony Gale Memorial prize** for the best undergraduate final-year project.
 - British Psychological Society Prize** for the best degree performance.

EXPERIENCE

Psychologist Trainee

Istituto per lo Studio delle Psicoterapie - ISP

- 03/2025 – present Rome, Italy & remote
- In-depth analysis of clinical cases within a multidisciplinary team.
 - Participation in supervision meetings and seminars focused on psychodiagnostics and evidence-based interventions.

Mental Health Specialist Mentor

Yorlinc

- 11/2024 – present Bristol, United Kingdom
- Supporting university students to overcome learning barriers caused by mental health conditions (e.g., depression, anxiety, OCD, ADHD).

Reviewer for Biological Psychiatry

Yale University School of Medicine

- 02/2024 - 02/2024 United States
- Provided timely and thorough evaluations to contribute to the quality and integrity of the journal's publications (MS Number: BPS-D-23-01499).

Graduate Teaching Assistant in Psychology

University of Bath

- 09/2023 - present Bath, United Kingdom
- BSc Modules: 'Controversies in psychology', 'Psychopathology', 'Research Methods and Design 1 & 2'
- Organised weekly seminar content, graded assessments, and offered one-on-one support during office hours.

SUMMARY

Passionate about integrating research and clinical practice to improve people's mental health. My academic achievements and leadership in collaborative projects during my PhD reflect a commitment to driving innovation in psychological interventions.

SKILLS

Mental Health in Youth

Psychological Assessment

Advanced Research Methods (R - SPSS)

Collaboration

Project Designs

Machine Learning

Python

CERTIFICATIONS

ETaC (Evaluation Truthfulness and Credibility)

Paul Ekman International Plc

Academic and Professional Pathways – Postgraduate researchers who teach. Awarded Associate Fellow Higher Education Academy (AFHEA)

AdvanceHE

Python Kickstarter Certificate

Code First Girls

LANGUAGES

Italian Native

English Native

Spanish Advanced

French Intermediate

EXPERIENCE

Wellbeing Connector

University of Sussex - England

📅 08/2020 - 06/2022 📍 Brighton, United Kingdom

- Acted as a point of contact for hundreds of university students seeking advice, offered appropriate resources, and signposted to support services.
- Assisted in organising weekly mental health and wellbeing initiatives.

Psychology Volunteer

Dream Africa Care Foundation

📅 10/2018 - 12/2018 📍 Accra, Ghana

- Shadowed psychiatrists and psychologists in *La General Hospital* and provided psychological support to young people in a *local shelter*.
- Gained experience in challenging environments, strengthening emotional resilience, adaptability and cultural sensitivity.

PUBLICATIONS

Post-traumatic stress disorder symptoms following exposure to acute psychological trauma in children aged 8-16 years in South Africa: protocol for the Sinethemba longitudinal study

BMJ Open

Tamsin H Sharp, Yeukai Chideya, Alessandra Giuliani, Xanthe Hunt, Mark Tomlinson, Soraya Seedat, Cathy Creswell, Pasco Fearon, Catherine Hamilton-Giachritsis, Rachel Hiller, Richard Meiser-Stedman, Stefani Du Toit, Jackie Stewart, Sarah L Halligan

📅 06/2024 🔗 <https://bmjopen.bmj.com/content/14/7/e085129>

Predictors of Street Harassment Attitudes in British and Italian Men: Empathy and Social Dominance

Alessandra Giuliani & Daniel Campbell-Meiklejohn

MDPI

📅 04/2025 🔗 <https://www.mdpi.com/2813-9844/7/2/28>

Prospective biomarkers of posttraumatic stress disorder in children and adolescents: a systematic review and meta-analysis

Preprint

Tamsin H Sharp, Megan Bailey, Chloe Burke, Alessandra Giuliani, Lucy Hiscox, Eva Alisic, Robert Kumsta, Soraya Seedat, and Sarah L Halligan

📅 11/2024 🔗 doi: 10.31234/osf.io/k8nqz

TRAININGS

Psychological Network Analysis Workshop

University of Amsterdam

📅 01/2024 📍 Amsterdam, Netherlands

Content Analysis and Natural Language Processing Course

Università della Svizzera Italiana

📅 07/2023 📍 Lugano, Switzerland

CONFERENCES

ISTSS - International Society for Traumatic Stress Studies

📅 09/2024 📍 Boston, United States

Symposium Talk: "Exploring the Interplay of Trauma Memory Vividness, PTSD Symptoms, and Depression Symptoms in Children and Adolescents Exposed to Trauma: A Comprehensive Network"

BABCP - British Association for Counselling & Psychotherapy

📅 07/2024 📍 Manchester, United Kingdom

Symposium Talk: "A cross-cultural exploration of children and adolescents' traumatic memory characteristics"

APP - Autobiographical Processing and Psychopathology

📅 05/2024 📍 Leuven, Belgium

Talk: "Can children's trauma narratives predict PTSD symptoms? Towards a new approach using machine learning"

ESTSS - European Society for Traumatic Stress Studies

📅 06/2025 📍 Tbilisi, Georgia

Talk: "Psychological Responses to Trauma in Youth: Insights from Longitudinal Research"

- ❖ Special recognition for **FAIR Data practices** from the Global Collaboration on Traumatic Stress FAIR Data Workgroup

PROJECTS

Founder and Leader of the 'Al Psychology Research Club'

📅 04/2024-06/2025 📍 University of Bath

- Leading fortnightly meetings to discuss research papers and promote knowledge exchange.
- Managing logistics, including scheduling, communicating, and coordinating with faculty and guest speakers.